

# COLLEAGUE WELLBEING

22/09/2020



# EMOTIONAL SUPPORT

What colleagues do not want?

They are not wanting additional workload

Colleagues feel that wellbeing has been done over and over



# EMOTIONAL SUPPORT

What do colleagues want?

- Emails of thanks
- Looking out for each other
- A party

# GRATITUDE / THANKS

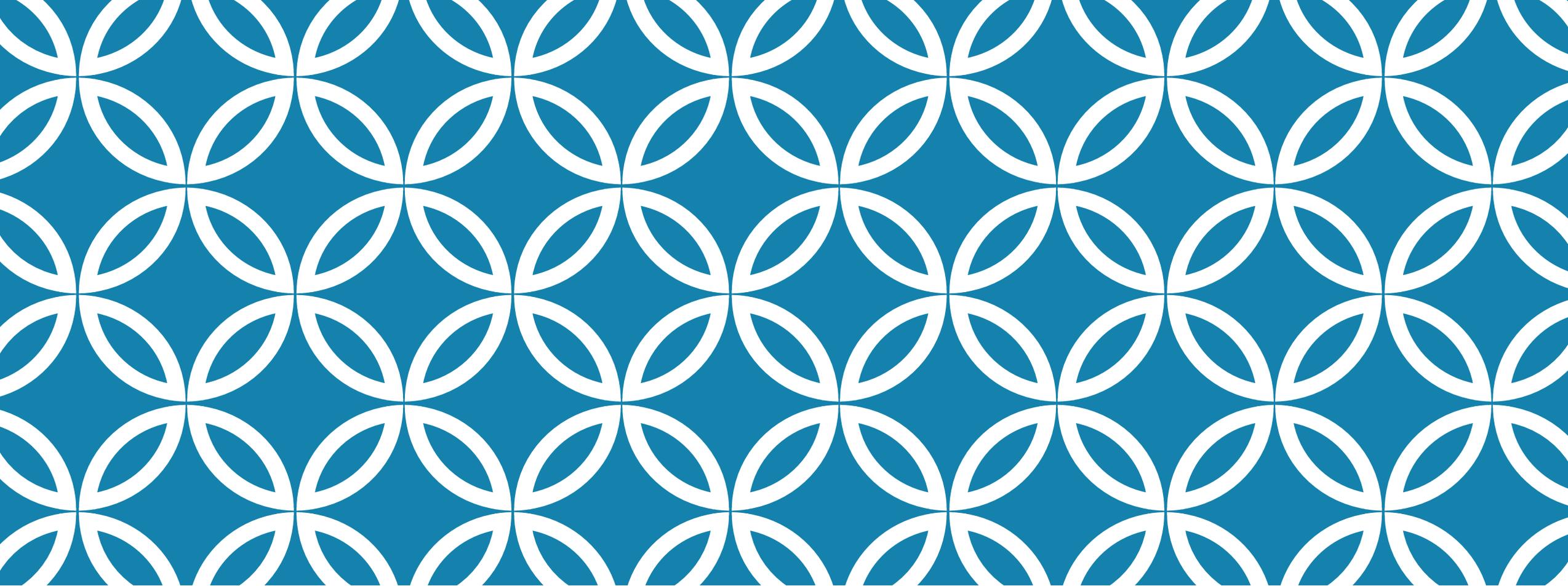
What colleagues do not want

- Extra work burden
- Having to go and buy items
- Making a big deal (rather just keep it simple)

# GRATITUDE / THANKS

What colleagues do want

- Daily debrief checks
- Care for each other
- Cup of tea
- Time to talk
- Debrief sessions



# THE LINDEN CENTRE ACTIONS FOR STAFF WELLBEING



# WE ARE GOING TO...

1. Make a wellbeing board - to be put into each centre
2. Colleagues can write messages of thanks
3. Thanks messages will be linked to 'Lennon's Linden Loot'
4. Kiosk items for colleagues will be available in line with Lennon's Linden Loot (Schools Behaviour Policy)
5. Weekly send around of messages as an email of thanks.

